

DESIGNING PURPOSEFUL PLANS

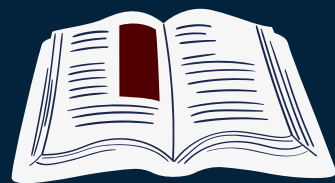
A Coach's Guide

Best practices rooted in positive youth development (PYD).

Tools that promote skill development, teamwork, and the cultivation of strong character in every athlete.

Start Here: Types of Sources for Coaches

Print Sources



Practice Plans,
Developmental Tools &
More!

Digital Sources



Learning Management
System: Educational
Modules, Engaging
Lectures, and
Supportive Resources.

Global Youth Sport for Development at Texas A&M University focuses on providing coaches with best practices rooted in Positive Youth Development (PYD). Through a digital learning management system, coaches gain access to valuable resources covering topics such as PYD in sport, program development, and character development beyond athletics.

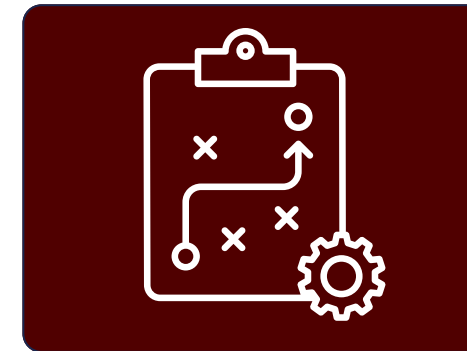
Learning Objectives

PYD IN SPORT



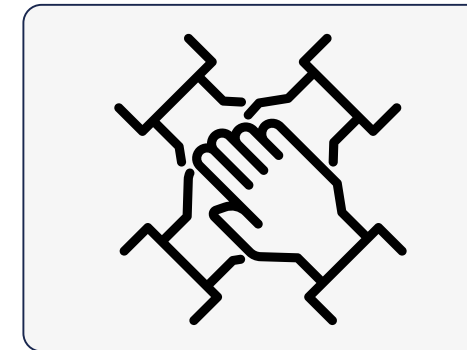
Summarize theoretical and historical contexts of PYD in youth sports. Assess the potential of PYD in sport across different ages and abilities.

PRACTICE MAKES PERMANENT



Applying PYD concepts and best practices to sport program plans. Educational resources designed to assist the coach as they enhance athlete development, teamwork, and overall well-being.

BEYOND THE SPORT



Creating strategies to integrate character development through sport to support youth growth on and off the field.